SELF PACED INDEPENDENT & in CLASS LESSONS REQUIRED IN GRADS PORTFOLIO

First year

1. A Little about me- one page essay describing yourself.
   1. Goes under Unit 1 self-formation
2. What I want- a one page essay about your long term goals in life.
   1. Goes under Unit 1 self-formation
3. When I learned I was pregnant – one page essay explaining about the day you found out you were pregnant or were going to be a dad.
   1. Goes under Unit 2 Pregnancy, Wellness & Prenatal Care
4. The day of birth- two page essay describing the labor and delivery of your baby. And what the first day of your baby’s life was like.
   1. Goes under Unit 3 Postpartum & Neonatal care
5. **Family Tree – Completed research on at least one side of the family genealogy.**
   1. **Goes under Unit 7 Relationship & Social Support Systems**
6. My Future Life- a one page essay on what type of life you want and how are you going to get there. (how are you going to be able to live on your own)
   1. Goes under Unit 8 Economic Independence
7. **Resume- Develop a resume** 
   1. **Goes under Unit 9 Employability**
8. Complete “all about me” booklet

**Assignments in BOLD and UNDERLINED are combined independent and in class assignments. These cannot be worked on until after they have been assigned in class. All Eight assignments must be completed by the end of the year. Three assignments must be completed by the end of the first semester.**

SELF PACED INDEPENDENT & in CLASS LESSONS REQUIRED IN GRADS PORTFOLIO

Second year

1. A Little about baby- one page essay describing your baby.
   1. Goes under Unit 4 Parenting
2. How I am working towards --------What I want- a one page essay about what you have done to reach your long term goal (Use essay from last year.)
   1. Goes under Unit 1 self-formation
3. A day in the life- a two page essay describing the changes your child has gone through since birth. (cognitive, physical, emotional development)
   1. Goes under Unit 4 Parenting
4. **Family Tree – Completed research on at least one side of the family genealogy.**
   1. **Goes under Unit 7 Relationship & Social Support Systems**
5. My Future Life, **update** (use last year’s essay)- a one page essay on what type of life you want and how are you going to get there. (how are you going to be able to live on your own)
   1. Goes under Unit 8 Economic Independence
6. **Resume- Update your resume create a cover letter**
   1. **Goes under Unit 9 Employability**
7. Complete “all about me” booklet

**Assignments in BOLD and UNDERLINED are combined independent and in class assignments. These cannot be worked on until after they have been assigned in class. All seven assignments must be completed by the end of the year. Three assignments must be completed by the end of the first semester.**